

# RESOLUTION - SUPERMAJORITY

## Resolution Establishing Expense Budget for DBT Grant Award from Substance Abuse and Mental Health Services Administration and an Emergency Appropriation to the FY25 Budget (42)

**WHEREAS**, the Problem Solving Courts of the 22<sup>nd</sup> Judicial Circuit of McHenry County operate the Drug Court, Mental Health Court, and DUI Court Programs; and

**WHEREAS**, these programs operate with fidelity to the established evidence based practices and ten key components for problem solving courts; and

**WHEREAS**, the Problem Solving Court programs have been found to be a viable alternate to incarceration and a correlation with decreased recidivism of program clients; and

**WHEREAS**, the Office of Special Projects pursued a five-year federal grant from the Substance Abuse and Mental Health Services Administration (SAMHSA) to offer Dialectical Behavioral Therapy (DBT) to the clients of the Drug, Mental Health, and DUI Courts at the 22<sup>nd</sup> Judicial Circuit of McHenry County; and

**WHEREAS**, integrating Dialectical Behavioral Therapy (DBT) into Drug Court programs can enhance emotional regulation and coping skills, and support individuals in overcoming substance abuse challenges. It provides a structured framework for addressing both addiction and underlying mental health issues; and

**WHEREAS**, the McHenry County Board pursuant to Resolution # R-202409-42-193 authorized the acceptance of said grant including position creation; and

**WHEREAS**, since the final award was unknown at the time of the FY25 budget development, it is now necessary to establish the budget for FY2025; and

**WHEREAS**, an emergency appropriation is necessary in the amount of \$278,917.00 to the Court Administration 2025 budget.

**NOW, THEREFORE BE IT RESOLVED**, by this County Board of McHenry County, Illinois, that it hereby authorizes an emergency appropriation in the amount of \$278,917.00 to the Court Administration FY2025 budget to the following budget line items to allow for the proper accounting of said grant award:

<b>REVENUE:</b>		
094000-42-4200-376	Federal Government Grant	\$278,917.00
<b>EXPENSE:</b>		
301010-42-4200-376	Regular Salaries Non-Union	\$132,039.00
310510-42-4200-376	Social Sec./Medicare/County Contribution	\$10,101.00
311010-42-4200-376	IL Municipal Retirement Non Union	\$ 8,028.00
314610-42-4200-376	Health Insurance/County Contribution	\$65,850.00
400100-42-4200-376	Contractual Services	\$12,200.00
400600-42-4200-376	Training	\$15,999.00
409600-42-4200-376	Telecommunications	\$ 1,200.00
501000-42-4200-376	Office Supplies	\$ 4,000.00

505000-42-4200-376	Meeting Expenses	\$12,500.00
511500-42-4200-376	Computer Components < \$5,000	\$12,000.00
513510-42-4200-376	Furniture & Fixtures < \$5,000	\$ 5,000.00

**BE IT FURTHER RESOLVED**, that the County Clerk is hereby authorized to distribute a certified copy of this Resolution to the Director of Human Resources, County Administrator, Deputy County Administrator, Chief Financial Officer, Trial Court Administrator, Deputy Trial Court Administrator, Director Office of Special Projects, and Chief Circuit Judge.

**DATED** at Woodstock, Illinois, this 20 day of May, A.D., 2025.

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Michael Buehler, Chairman  
McHenry County Board

ATTEST:

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Joseph J. Tirio, County Clerk

## RESOLUTION

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SUBJECT: Resolution Establishing Expense Budget for DBT Grant Award from Substance Abuse and Mental Health Services Administration and an Emergency Appropriation to the FY25 Budget (42)

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**Board / Committee Action Requested:**

Approve a resolution establishing an expense budget for DBT grant award from the Substance Abuse and Mental Health Services Administration (SAMHSA) and an emergency appropriation to the Court Administration FY2025 budget in the amount of \$278,917.00.

**Background and Discussion:**

Integrating Dialectical Behavioral Therapy (DBT) into Drug Court programs can enhance emotional regulation and coping skills, supporting individuals in overcoming substance abuse challenges. It provides a structured framework for addressing both addiction and underlying mental health issues. DBT combines CBT techniques with concepts of mindfulness and acceptance. It helps individuals develop skills in emotion regulation, interpersonal effectiveness, distress tolerance, and mindfulness. The Dialectical aspect involves finding a balance between acceptance and change, fostering a more adaptive approach to coping with life's challenges.

The idea behind expanding our program is to offer a continuum of care, including prevention, harm reduction, treatment, and recovery services for individuals with SUD, and co-occurring disorders, involved in the criminal justice system. By offering Dialectical Behavior Therapy (DBT) within the specialty court office, we ensure that all clients have access to crucial therapeutic care that they might not be able to afford otherwise. This initiative helps bridge the gap between their needs and available resources, making high-quality, essential support more accessible to everyone involved.

Introducing a Clinical Supervisor enhances support for our clinical staff and ensures that we maintain high fidelity to the treatment model. Additionally, incorporating a dedicated Case Manager for each of the three courts ensures consistent, individualized support for clients, thereby elevating the overall level of care and assistance provided.

**Impact on Human Resources:**

None.

**Impact on Budget (Revenue; Expenses, Fringe Benefits):**

- Where is the money coming from? **The money is coming from Substance Abuse and Mental Health Services Administration (SAMHSA).**
  - Was it budgeted? **Partial amount was budgeted, but full award was unknown**

- Is it from a grant? Is there a match? **Yes, this funding is from a grant. No match is required for this grant.**
- Is the money coming from the fund reserve? **No.**
- Will it be an ongoing expense? If so, do we know where the money will come from in the future? **Funding will be coming from future SAMHSA DBT continuation grant requests.**
- Why was this not addressed during the budget development process? **Final approval and grant award was not given until after the budget process was completed.**
- Can this wait until the next budget is developed? **No, currently salary and other items related to the grant are being utilized now.**

An emergency appropriation is necessary to the Court Administration 2025 budget in the following manner:

<b>EXPENSE:</b>		
301010-42-4200-376	Regular Salaries Non-Union	\$132,039.00
310510-42-4200-376	Social Sec./Medicare/County Contribution	\$10,101.00
311010-42-4200-376	IL Municipal Retirement Non Union	\$ 8,028.00
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513510-42-4200-376	Furniture & Fixtures < \$5,000	\$ 5,000.00

**Position Reclassification or Regrade, please address the following:**

None.

**Impact on Capital Expenditures:**

None.

**Impact on Physical Space:**

None.

**Impact on Other County Departments or Outside Agencies:**

These positions and training allows for enhanced treatment, that are not currently available or accessible, to better serve the clients and community of McHenry County. The ultimate goal of these positions and training is to aid clients in overcoming their addictions and/or co-occurring mental health conditions through the program and beyond. By providing these services the programs help to bridge gaps in care. By doing so, we are able to provide treatment options and services that will ultimately impact the community in which they live.

**Conformity to Board Ordinances, Policies and Strategic Plan:**

Yes.