

Standing Committee Updates – March 2025 – MHB Network Council

1. Intake Coordinators – Karin Frisk
 - Tuesday, April 8th at 9AM (virtual meeting)
 - Presentations:
 - Pioneer Center
 - NAMI
 - Streamwood Behavioral Health

Intake Coordinators Meeting Attendance

3/11/2025

<u>Agency</u>	<u>Attendance</u>
22nd Judicial Circuit	yes
Ascension (Alexian Brothers Behavioral Health Hospital)	yes
Association for Individual Development	yes
Aunt Martha's Health & Wellness, Inc.	no
Child Advocacy Center of McHenry County	yes
Clearbrook	yes
Consumer Credit Counseling Services of Northern IL	yes
Crystal Lake Teen Center NFP/The BREAK	yes
Family Health Partnership Clinic	yes
Greater Elgin Family Care Center (McHenry Community Health Center)	yes
Home of the Sparrow	yes
Independence Health and Therapy	yes
Live4Lali	yes
Mathers Clinic, LLC	yes
McHenry County Sheriff's Office - Social Work Program	yes
NAMI of McHenry County	yes
New Directions Addiction Recovery Services	yes
Northern Illinois Recovery Center	yes
Northern Illinois Special Recreation Association (NISRA)	yes
NWCASA	no
Northwestern Medicine	yes
Options & Advocacy	yes
Pioneer Center for Human Services	yes
Rosecrance, Inc.	yes
Thresholds	yes
Transitional Living Services, Inc./Veterans Path to Hope	yes
Turning Point, Inc.	no
Warp Corps	yes
Youth and Family Center	yes

2. Quality Management Team – Karin Frisk
 - Wednesday, April 23rd at 9AM (virtual meeting)
 - FY25 Q1 Outcomes

Quality Management Team Meeting Attendance

1/22/2025

<u>Agency</u>	<u>Attendance</u>
22nd Judicial Circuit	yes
Ascension (Alexian Brothers Behavioral Health Hospital)	no
Association for Individual Development	yes
Aunt Martha's Health & Wellness, Inc.	yes
Child Advocacy Center of McHenry County	no
Clearbrook	yes
Consumer Credit Counseling Services of Northern IL	yes
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3. Continuum of Care to End Homelessness – Laura Franz
 - Coordinated Entry is running well
 - Community Awareness Committee ~ CoC website is being updated
 - HMIS ~ Committee meeting April 1st ~ looking at reports in the new site, looking at PIT counts and Housing Inventory counts
 - Housing and Services Committee~ testing ‘backpack beds’ when the weather is better, seeking funding for 40 (around \$125 each)
 - IDHS Homeless Program announcement came out ~ got a bump this year. Due April 14.
4. Substance Abuse Coalition – Laura Fry – NO WRITTEN REPORT

5. Youth Empower Alliance (YEA) – Alex Campbell

Website: <https://clbreak.com/yea> Contact: admin@yeamchenrycounty.org

Youth Advisory Committee Meetings – Activity Summary Since July 1, 2024

As of: March 14, 2025			
GENERALLY:			
Youth Committee	# of Meetings	# of Unique Attendees	# of Attendee Hours
Crystal Lake	8	12	39
Harvard	4	13	33
McHenry	2	11	16
Substance Awareness	1	1	1
Woodstock	6	23	30
Total:	21	60	119 *
* Does not include hours spent by youth outside of meetings addressing issues they have identified. To be calculated.			

Exploring: Cary-Grove, Marengo & Richmond/Johnsburg/Hebron communities

➤ **June 7, 2025 Youth-led Conference** (Invitation only) – Some of the topics being considered by Youth to present:

- Crosswalk safety in Woodstock at certain intersections
- School zone transportation safety
- Google classroom
- Dress codes
- Bathroom policy
- Student mental health

➤ **Outreach Summary:** Target – 500

Event Type	Attendee Type	# of Attendees
Youth Advisory Committees	Youth (Ages 11 - 24)	60
Monthly YEA Meetings	Youth-focused Organizations	30
Conferences	ie Person in Need	106
Networking - Committee Startup	General Public	16
Community Presentations	ie Rotaries, LGMC, etc	218
Outreach Total:		430

➤ **Community Member Surveys:**

of surveys returned to date: **42**...Predominate Youth Profile:

Please complete at – <https://yeasurveys.org>

Responsible
Respectful
Distracted
NOT Confident
Competent-Generally
Caring

➤ **Upcoming Event:**

April 21, 2025: Monthly Open General Meeting (In-Person: Community Foundation) 4:00pm-5:00pm

6. Trauma-Informed Change Team – Gary Rukin

- Reminder: We have created a short Trauma-Informed video and booklet for Support Personnel: now available on the Mental Health Board Website.
 - Booklet: <https://mc708.org/wp-content/uploads/2025/01/Gary-new-600x925.png>
 - Video: <https://youtu.be/CvsPyGd4zIs>
 - Let Gary Rukin know if you'd like hard copies of either the booklet or the video on a flash drive.
- We are holding two monthly meetings for a Trauma-Informed Direct Service Providers Support Group (2nd Wednesday of the month at noon & 2nd Thursday of the month at 5pm, both at the Mental Health Board). Please spread the word!
- Presented A Trauma-Informed Approach via Webinar on March 13th for approximately 30 Individuals.
- Created and gave a Presentation on Self-Care for Professionals at the Care Giver Conference.
- Chaired monthly meetings of the Trauma-Informed Change Team.
- Met with key individuals from the Handle with Care program in McHenry to enhance its efficacy.
- Working on Training for World Trauma Day on October 17, 2025: From Shadow to Light: Reclaiming Your Story using techniques from narrative therapy, mindfulness, self-compassion, and cutting research on using storytelling as a way to build resilience.
- Collaborated with Mental Health Board Personnel to facilitate the above activities.

7. LGBTQ Professional Network Group – Courtney Behrens – No Written Report

8. Suicide Prevention Taskforce – Abbey Nicholas –

YEAR	2020	2021	2022	2023	2024	2025
			# of Deaths			
	25	29	45	37	34	9
			# of Deaths by Age			
<20	3	2	1	2	4	0
21-39	3	3	17	11	8	0
40-54	11	11	9	13	8	4
55+	8	13	18	11	14	4
Unknown						1

		# of	Deaths by Gender			
Female	9	2	7	7	7	0
Male	16	27	38	30	27	9
	# of Deaths by Method					
GSW	11	15	19	11	13	5
Hanging	10	11	11	14	10	1
Overdose	4	1	4	8	6	1
Other	0	2	4	4	5	1
Pending						1
	# Who Were...					
Veterans	1	1	3	5	8	2
Unknown						3

Outreach and Training Updates:

- As of March 11th, we have trained 734 individuals in QPR this year.
- The 988 advertising campaign has been launched. The March article on reducing stigma will be published during the second week of the month.
- SOSA (Survivors of Suicide Attempt) support group started on March 4th with 3 active participants.
 - There is already enough interest to offer a future session.
- 224 gun locks have been handed out to community members and organizations for pick up at local centers.
- 8 gun lock pick up centers have been established in the county.
- Partnership has been established with 1 gun shop.
- As of March 13th, we have educated 41 individuals regarding firearm safe storage and firearm restraining orders.

Please join us at the next McHenry County Suicide Prevention Task Force meeting on Thursday, March 20th at 1pm (Hybrid Zoom / Mental Health Board). Email clarissa@namimch.org to be added to the distribution list.