

McHenry County

# COMMUNITY CONNECTIONS SUMMIT

ADDRESSING THE LONELINESS  
EPIDEMIC

Formerly the  
Suicide  
Prevention and  
Mental Health  
Recovery  
Conference



## DR. AMANDA ALLARD KEYNOTE SPEAKER

COMMUNICATION MITIGATES LONELINESS: HOW SOCIAL  
SUPPORT, COMMUNAL COPING, AND EMPATHY CAN ENHANCE  
CONNECTION



- 4.5 FREE CEUs
- 8+ Breakout Sessions
- Complimentary Lunch

Friday, September 13, 2024



9:00 am to 3:00 pm



McHenry County College  
8900 Northwest Hwy 14  
Crystal Lake, IL



### Schedule and Breakout Descriptions

REGISTRATION IS  
OPEN



[CLICK HERE](#)

