

NETWORK COUNCIL Monday, May 20, 2024 9:00 a.m. – 10:30 a.m. MINUTES

Attendance will be taken - Executive Level participation/involvement is expected.

- 1. Call to Order, Introductions, and Announcements - Emily Fencl/Dani LaHa
 - Gary Rukin requests all to bring large empty cans or large plastic tubs/lids for a future project.
 - Ascension has been hacked and they are asking for patience as they get through this.
 - Mary Margaret Maule, Interim ED for Turning Point
- 2. Any changes to the agenda and/or minutes
- 3. **Presentation** MCRide Connect Scott Hennings
 - Scott Hennings provides the attached flyer (see flyer for details) and gives an overview of the MCRide Connect program. The program is subject to county board approval.
- 4. Mental Health Board Updates Leonetta Rizzi
 - The grant writer work is going well and MHB will continue to keep all agencies that do not have a
 grant writer involved. The AOT grant has been submitted and MHB is working with the State's
 Attorney office and civil division regarding the AOT grant.
 - MHB Office Space is still available for administrative use only.
 - The Compliance and Quality Assurance Analyst position has been filled and K. Frisk can give that update next month.
 - MHB Board Member visits are being scheduled and we appreciate you accommodating them and educating them on your programs.

5. Standing Committee Updates - See Attached Report - brief 1-minute highlights/updates

- a. Quality Management Team Karin Frisk
- b. Intake Coordinators Karin Frisk
- c. Continuum of Care to End Homelessness Laura Franz
- d. Substance Abuse Coalition Laura Fry
- e. Suicide Prevention Taskforce Abbey Nicholas
- f. Youth Empower Alliance Dr. Melissa Katz
- g. Trauma-Informed Change Team Gary Rukin
- h. LGBTQ Professional Network Group Courtney Behrens
- YEA B. Napholz states the guarterly educational meeting is today at 2pm
 - Topic- NAMI will be presenting "Ending the Silence," an engaging presentation that helps middle and high school-aged youth learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition.
 - Youth panel with Congressman Bill Foster on June 22nd at 11am. Any interested youth please email Melissa at melissa.katz@ascension.org or Brenda at brenda@clbreak.com
 - Waiting to hear back about the transformational grant submitted.
 - Looking to create satellite auxiliary boards in other neighboring communities and looking for middle school/high school to low 20's to join the group.

6. Old Business

- a. Town Hall recap and feedback
 - May 9th Town Hall was a success with 77 participants providing valuable feedback on services and needs.
 - There was an added break out session for bi-lingual group but all that participated in this
 group were English speaking but enjoyed the cultural discussions and MHB will evaluate if
 this will be beneficial for next year.
 - There were a lot of shout outs to funded agencies recognizing the services provided.
 - Barriers, gaps, and continuity of care were all discussed. A summary of the Town Hall Minutes can be viewed at FileStream.ashx (escribemeetings.com)
- b. CPI Classes
 - Reminder that CPI classes do go on the Hot Sheets and are sent out to the Network as these classes are for funded network providers. This was recently emailed to the Network.

7. New Business

- a. FY25 Funding Cycle & NOFA May 31, 2024
 - -P4P Grant name change to ACCESS Grants
 - 1. Personnel Budget pink column only
 - 2. Application clarification total # clients served and # clients served with MHB funding should be same
- b. Staff Network Trainings/Competency Needs
 - Are there specific trainings that agencies do that the MHB could provide for the network.
 - o CPR training
 - Mental Health First Aid
- c. Legislation updates
 - Many agencies were in Springfield last week. E. Fencl states they were there advocating for the \$3 an hour increase to the IDD rates.
 - There were 3 bills that passed the Senate last week and heading to governor's office for signature.
 - o HB 5094 Administrative Burden Task Force
 - o HB 5353 Military servicemembers and their spouses, license portability
 - o HB 5457 Regulation -ESL Exams
- 8. MHB Three-Year Plan Dashboard updates & gaps/solutions/needs breakout sessions
 - How can you and your leadership support the "No Wrong Door" Philosophy with Intake Coordinators across the Network?
 - Have an in-person mixer
 - Having a 'concierge' to facilitate with
 - A directory/call tree of all agencies with insurance information and services
 - o Trauma informed care has been helpful for this area
 - Have directories, like PIN directory
 - o Possible use of referral software
 - Move Intake Coordinators meeting back to in person
 - What can you and your leadership do to promote customer service training and that "everyone" we encounter is our customer?
 - Trauma Informed Care is well received and would like to see navigators for through each sub section; Mental Health, IDD, Substance Use and putting more emphasis on navigators
 - Create a Network all-inclusive virtual Training/Education to Network Provider staff on "No Wrong Door" philosophy that will be part of onboarding and annual trainings for Network Provider agencies?
 - Monthly new staff mixer with agencies
 - o In her/his shoes case study to walk through in other eyes

9. Successes/Celebrations – upcoming fundraisers/events

Next Meeting: June 24, 2024, at 9:00 am MHB

No meeting in July

Funded Agency Representatives Present

May 2024

22nd Circuit: No	McHenry County Sheriff's Office: Yes		
Ascension: Yes	National Alliance on Mental Illness (NAMI): Yes		
Association for Individual Development (AID): Yes	New Directions Addiction Recovery Services: Yes		
Aunt Martha's: Yes	Northwestern Medicine: Yes		
Child Advocacy Center: Yes	Northern Illinois Recovery Center: No		
Clearbrook: Yes	Northern Illinois Special Recreation Association (NISRA): Yes		
Community Health Partnership of IL: No	Northwest Center Against Sexual Assault (NWCASA): Yes		
Consumer Credit Counseling: Yes	Options & Advocacy: No		
CLTeenCenter (The Break): Yes	Pioneer Center: Yes		
Family Health Partnership Clinic: Yes	Rosecrance: Yes		
Greater Family Health: Yes	Service, Inc.: No		
Horizons Behavioral Health: No	Thresholds: Yes		
Independence Health & Therapy: Yes	Veterans Path to Hope: No		
Live4Lali: No	Turning Point: Yes		
Mathers Clinic: Yes	Warp Corps: No		
MHB: Yes	Youth & Family Center: Yes		

Standing Committee Updates

- 1. Quality Management Team Karin Frisk
 - Wednesday, July 24th at 9AM (in-person meeting at MHB)
 - FY25 Outcomes Updates
 - Working meeting to explore/discuss outcomes reporting measures for FY25
- 2. Intake Coordinators Karin Frisk
 - Tuesday, June 11th at 9AM (virtual meeting)
 - Presentations:
 - Thresholds
 - Independence Health & Therapy
 - Horizons Behavioral Health
- 3. Continuum of Care to End Homelessness Laura Franz NO WRITTEN REPORT
- 4. Substance Abuse Coalition Laura Fry NO WRITTEN REPORT
- 5. Suicide Prevention Taskforce Abbey Nicholas

May 2024

Statistics

Deaths by Suicide through April 30, 2024: 11

YEAR	2020	2021	2022	2023	2024	
	# of Deaths					
	25	29	45	37	11*	
	# of Deaths by Age					
<20	3	2	1	2	1*	
21-39	3	3	17	11	2*	
40-54	11	11	9	13	3*	
55+	8	13	18	11	5*	
	# of Deaths by Gender					
Female	9	2	7	7	3*	
Male	16	27	38	30	8*	
	# of Deaths by Method					
GSW	11	15	19	11	5*	
Hanging	10	11	11	14	4*	
Overdose	4	1	4	8	2*	
Other	0	2	4	4	0*	
	# Who Were					
Veterans	1	1	3	5	2*	

Updates:

- Upcoming outreach events include Harvard Milk Days and the Pride Fest in Woodstock
- We are finalizing a new member expectations document for MCSPTF members
- We are working on obtaining additional funding for increased advertising on suicide prevention in the county.

Next Large Group Meeting: June 20, 2024 at 1pm (Hybrid; In-Person at the MHB)

6. Youth Empower Alliance (YEA) – Dr. Melissa Katz

Youth Advisory Launch

- Crystal Lake site- Next meeting at The Break June 4th at 4pm
 - For youth interested in joining this site, please reach out to Anna at anna.buckingham@bbbsmchenry.org
- Woodstock launch was amazing and included Middle and High school students
 - o This group will meet bi-weekly starting May 22nd at 4pm
 - For youth interested in joining this site, please reach out to Elissa at elissac@turnpt.org
- Huntley site will launch in the fall with NAMI
- We are recruiting community leaders with organizational interest in helping with youth advisory committees. We hope to ensure depth and breadth of resources in McHenry County.

Future Meetings

- YEA meetings occur on the 3rd Monday of the month at 2pm
- May 20th at 2pm- IN PERSON at the Community Foundation
 - Topic- NAMI will be presenting "Ending the Silence," an engaging presentation that helps middle and high school-aged youth learn about the warning signs of mental health conditions and what steps to take if you or a loved one are showing symptoms of a mental health condition.
- June 17 at 2pm- Virtual

Upcoming Events

- Youth panel with Congressman Bill Foster on June 22nd at 11am.
 - Any interested youth please email Melissa at <u>melissa.katz@ascension.org</u> or Brenda at <u>brenda@clbreakcom</u>
- Save the date KIN Backpack Event August 9- More details to come soon!

7. Trauma-Informed Change Team – Gary Rukin

- We are holding two monthly meetings for a Trauma-Informed Direct Service Providers Support Group (2nd Wednesday of the month at noon & 2nd Thursday of the month at 5pm).
- Continued Planning for World Trauma Day 2024.
- Continued Planning for Train the Trainer Event on May 23, 2024.
- Began Assembling Two-Hour Video Training for Schools in collaboration with District 47 and collaborating with other relevant personnel.
- Presented via Webinar in April for 30 Individuals.
- Chaired monthly meetings of the Trauma-Informed Change Team.
- Represented the Trauma-Informed Change Team at Network Council, Intake Coordinators, School Professionals and Suicide Prevention Task Force Meetings.
- Collaborated with Mental Health Board Personnel to facilitate the above activities.

Stand-alone Trauma-Informed Presentation Now Available On-Line at https://youtu.be/o2YPAXxxCWA

8. LGBTQ Professional Network Group – Courtney Behrens – No Meeting in April

Following Information added after meeting report went out:

Agenda: 5/15/24

Updates and community information:

In attendance BBBS, Thresholds, Woodstock Pride, O&A, Pivotal counseling, Center for Emotional Wellness, AID, McHenry County Courts

• Website discussion with Amanda from AID and Abby from Options

Website is almost ready to go please send any information of agencies to Amanda. A QR code will be generated to be used at Woodstock Pride. Calendar updates as well to reflect upcoming trainings, events and collaborations.

 Training date on the books June 25th

See attached flyer and register! Spaces will fill up fast!!

Can we coordinate this group to do lunch?

Can we have a table for resources of agencies involved

Additional trainings from possibly Brave Space Alliance

 Alena and I wanted to talk about lunch and learn discussion on working with unsupportive parents.

Group agreed to July date check with MHB, Kris

- Pride parade Woodstock information on website flyer QR code?
- Tables full for non-profits but walk with us

No meeting next month most providers are attending MHB presentation June 25th



PROGRAM CONTACT:

JAZMIN VEGA

TRANSPORTATION PLANNER

MCHENRY COUNTY DIVISION OF TRANSPORTATION

JSVEGA@MCHENRYCOUNTYIL.GOV

815-334-4981

ANTICIPATED START DATE:
JUNE 19, 2024 - SUBJECT TO
COUNTY BOARD APPROVAL

WHAT IS IT? MCRide Connect is a new service using transportation network companies (TNCs), like Uber and UZURV, to provide an additional on-demand transportation option for eligible residents in McHenry County. It is only available for McHenry County residents who have an RTA Reduced Fare, Ride Free, or ADA Paratransit Permit Card. MCRide Connect helps by partially subsidizing trips through electronic vouchers that can be applied to Uber or UZURV rides – commonly referred to as a user-side subsidy program.

WHO IS IT FOR? Riders are eligible to enroll in MCRide Connect if:

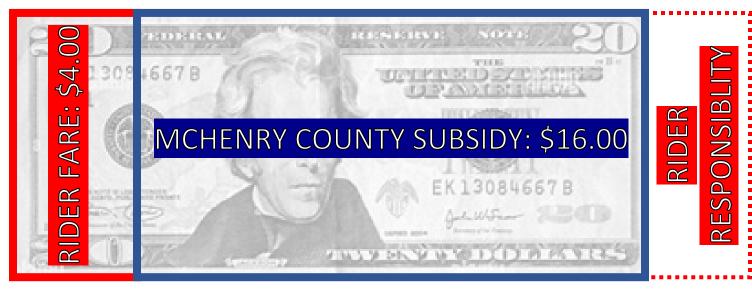
- 1. They have an RTA Reduced Fare or Ride Free Permit, or they are ADA paratransit certified;
- 2. They have an account with Uber or UZURV; and
- 3. They are a McHenry County resident.

HOW DOES IT WORK? Eligible riders enrolled in MCRide Connect will pay the first \$4.00 of the cost of a trip taken with Uber OR UZURV so long as the origin or destination of the trip is within McHenry County. McHenry County (MCDOT) will subsidize the cost of the trip after the first \$4.00 and not exceeding \$20.00 (up to \$16.00 per trip). Eligible riders will also be responsible for paying:

- any portion of the cost of the trip that exceeds \$20.00;
- any rideshare provider surcharge applicable to the trip (e.g., advance booking surcharge);
- and any driver tip.

McHenry County will subsidize up to eight trips per day per eligible rider enrolled in MCRide Connect.

EXAMPLE OF MCRIDE CONNNECT TRIP



Say you want to travel from the Mental Health Board building to the McHenry County Government Center, a trip that would normally cost \$20.00 on Uber.

HOW DO I REGISTER FOR AN RTA REDUCED FARE OR RIDE FREE PERMIT? Visit the RTA's website (https://www.rtachicago.org/riders/free-and-reduced-fare-programs) to learn more about the Reduced Fare and Ride Free Program and register for a permit online. Alternatively, you can visit the following locations to register in person:

- Senior Services Associates of Crystal Lake
- Nunda Township
- Senior Services Associates of McHenry

