



## McHenry County Mental Health Board FY23 Funded Agencies and Programs

The McHenry County Mental Health Board (MHB) is a special purpose unit of government regulated through the Community Mental Health Act. The Community Mental Health Act authorizes the levy of an annual tax and empowers the MHB to administer the levy through the direction of a nine-member board of community representatives appointed by the County Board.

For County Fiscal Year 2023, the MCMHB has allocated \$9,488,950 in local funds supporting MHB network services and activities including 32 agencies offering a continuum of 70+ services, programs and projects providing prevention, treatment, and recovery support for McHenry County residents. In addition, the MCMHB has allocated \$215,392 Opioid Settlement funds, supporting treatment and recovery services for opioid use disorders and other substance use disorders and programs per Approved Abatement Program list.

### **Twenty Second Judicial Circuit Court..... \$242,500**

<https://www.mchenrycountyil.gov/county-government/courts/22nd-judicial-circuit/office-of-special-projects>

The Twenty Second Judicial Circuit Special Courts Programs assist adults with mental illness, substance abuse/dependence, and co-occurring disorders who are involved in the criminal justice system.

- **Specialty Courts Programs (Mental Health & Drug Court)** services are provided with an interdisciplinary team approach including circuit judge, prosecutor, defense attorney, law enforcement officer, probation officers and treatment professionals. Services include comprehensive behavioral health and physical health assessments, service plan development, engagement and support, consultation, and compliance monitoring.
- **Wellness Recovery Ambassador** uses Recovery Support Specialists who commit to supporting, guiding, and being a support person to those individuals for a period of at least one year. By becoming part of the social network of adults and community members who care about the afflicted with a mental illness and substance use disorder, the Ambassador can help the individual to develop and reach positive academic, career and personal goals.

### **Alexian Brothers Behavioral Health Hospital..... \$255,000**

<https://healthcare.ascension.org/specialty-care/behavioral-mental-health>

Ascension Behavioral Health Medicine Institute provides personalized, compassionate care for the entire spectrum of behavioral disorders, from depression and anxiety to post-traumatic stress disorder (PTSD) and substance abuse. They are committed to making excellent care available in our communities for a wide range of conditions and diverse groups of patients.

- **Youth Partial and Intensive Outpatient Program** serves adolescents ages 13-18 if still in high school and children ages 8-12 years providing three to six hours of daily programming to include: Group therapy skills based groups, Expressive Therapy, School, Spirituality, Family Therapy, and Clinical Outcomes collected.
- **Autism & Neurodevelopment Therapist** services for individuals across the lifespan with autism and related intellectual/developmental disorders include; Individual therapy, Family therapy, Social and emotional wellness groups, Caregiver skills training groups, Non-diagnostic autism and developmental screenings and Linkage to additional supportive services and community resources



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### **Association for Individual Development (AID) ..... \$338,000**

<https://www.aidcares.org/>

Association for Individual Development (AID) provides services to individuals who have developmental, physical and/or mental disabilities, those who have suffered a trauma, or those at risk.

- **Psychiatric and Tele-Health Services** featuring Nursing, Scheduler/Transcriptionist and Tele-Health services, who work as part of a multi-disciplinary team to provide holistic and comprehensive medical and counseling services to individuals with mental and behavioral health challenges. This holistic approach, leveraging best practices and evidence-based treatment, is a proven method for assisting clients in achieving overall wellness so that a client can engage with social and community supports, improve overall functioning, and remain productive.
- **Behavioral Health Supportive Living Services** program offers intense, customized coordination services focused on homeless prevention, treatment, support, and recovery; providing integrated primary and behavioral healthcare, psychiatric services, and permanent supportive housing services to at-risk McHenry residents with mental and behavioral health challenges.
- **Behavioral Health Recovery Support Services** provides group and individual counseling and therapy, psychiatric intervention and medication, and integrated primary healthcare via nursing services. Services also include: marriage and family counseling (bilingual), medication management, psycho-social rehabilitation, assistance in securing entitlements for those who are eligible, education and guidance to access natural community supports, and crisis intervention. Services promote mental wellness and recovery to prevent psychiatric hospitalization, institutionalization, incarceration, and housing stability for individuals with mental and behavioral health challenges who reside in McHenry County.

### **Aunt Martha’s Health and Wellness, Inc..... \$250,000**

<https://www.auntmarthas.org>

Aunt Martha’s is one of the state’s largest Federally Qualified Health Centers. Behavioral health services include adult, child, and adolescent psychiatry and therapy, individual counseling, and comprehensive diagnostic evaluation and treatment.

- **Psychiatric and Tele-psych Services** Aunt Martha’s model of integrated care brings behavioral health (BH) services into the primary care clinic setting by offering routine mental health screening and access to treatment to: promote early detection and improved management of treatment; reduce the stigma of treating mental health disorders and offer convenience to patients; promote adherence and strengthen monitoring of the treatment plan; and, build on the existing, ongoing PCP and patient relationship.



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**Child Advocacy Center of McHenry County, Inc ..... \$135,000**

<https://mchenrycac.org/>

The mission of the Child Advocacy Center of McHenry County is to reduce trauma to child victims of abuse through coordinating a timely, comprehensive, and multidisciplinary response in reported cases of child sexual abuse and severe physical abuse. The Child Advocacy Center of McHenry County serves all children under the age of 18 in McHenry County where there is a suspicion of child sexual abuse, severe physical abuse, and/or a child witness to a violent crime.

- **Secondary Trauma Services** provide a program where officials and advocates from many disciplines, including Law Enforcement, Department of Family and Child Services and the State's Attorney's Office, converge to make decisions regarding the investigation and treatment of child abuse victims. The goal is to ensure that young victims receive child-focused services in a child sensitive environment and non-offending family members receive support throughout the investigation process.

**Clearbrook ..... \$611,000**

<http://www.clearbrook.org/>

Clearbrook provides services, programs and support for children and adults with autism, Down syndrome, cerebral palsy, and other intellectual/developmental disabilities, as well as their families.

- **CHOICE Program** Supporting activities and initiatives that focus on independent or supported employment, engagement in volunteer opportunities or community integration including both social and recreation activities, participants who attend CHOICE are given the freedom to select their activities daily. Through empowering them to become involved in their communities, they flourish as individuals, employees and neighbors.
- **CILA - Woodstock** Each resident has their own Implementation Strategies that reflect their strengths, weaknesses, goals, and challenges. The strategies concentrate on specific activities and knowledge including: 1) Independence in Daily Living; 2) Community Integration; 3) Economic Self-Sufficiency; and 4) Self-Administration of Medicine. The objective for an individual who resides in a CILA is one of self-advocacy.
- **Individual Placement & Support (IPS) Supported Employment** inherent in this position is building relationships with community employers, learning about their business needs and positions available at their business. At least six employer contacts will be made each week in order to build contacts, have access to professional networks and learn about employment opportunities for program participants. The program will provide individualized supports that are time-unlimited, and continue for as long as the job seeker wants the assistance.
- **Voucher Respite Program** a service that supports families who are caregivers to their loved one(s). Respite gives them an opportunity to receive a break from caregiving, knowing that their family member(s) is in caring, loving, and safe hands. It is vital and healthy for family members to rest and recharge. Through the Voucher Respite Program, Clearbrook serves, supports and creates possibilities and opportunities for the family members as well as the children and adults who are receiving services.



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### Community Health Partnership of Illinois..... \$57,000

<http://www.chpofil.org/>

Community Health Partnership of Illinois provides comprehensive, integrated primary health care services targeting underserved, predominantly Latino rural populations, including migrant and seasonal farmworkers and families throughout northern and central Illinois.

- **Breaking the Stigma: Mental Health Services for All** is an integrated, prevention-oriented behavioral health program targeting, but not limited to, the Latino population in the Harvard Health Center service area and offers Spanish Outpatient Therapy, Spanish specialized psychiatry services via Telehealth and Community Mental Health Outreach and Education. The "Salud para Todos" curriculum is designed to strengthen the knowledge about mental health issues and coping mechanisms, utilizing resources to help those suffering from mental health issues access the services available to them in the community..

### Consumer Credit Counseling Service of Northern Illinois, Inc. .... \$30,000

<http://www.illinoiscccs.org/>

CCCSNI serves anyone in need of financial, credit or housing assistance. Services include: Credit and debt counseling and education, Debt Management Programs which pay off unsecured debt at reduced interest and fees; Credit Report analysis; Bankruptcy counseling and education; housing counseling services.

- **Mental Wellness through Financial Hardship Counseling Services** provides basic mental health screening, budget counseling, debt management programs to expunge unsecured debt, bankruptcy counseling and education and mortgage default and foreclosure prevention counseling. Clients are also counseled on the means to improve their credit. CCCSNI also provides pre-purchase and pre-rental counseling for homeless families.
- **Financial Literacy Workshops for McHenry County Partners in Mental Health** is a project that provides educational workshops on-site or via Zoom to individuals in early recovery from SUD and/or in transitional living situations. We partner with Rosecrance, Home of the Sparrow and New Directions to provide fundamental financial skills to empower their clients, help to navigate hardships they are experiencing and giving them the skills to be better prepared for future hardships. These educational workshops are designed to teach individuals about budgeting, personal finance, credit management, consumer rights and managing housing expenses.

### Crystal Lake Teen Center NFP..... \$41,928

[www.clbreak.com](http://www.clbreak.com)

The Break was established in 2013 by a group of sophomores from Crystal Lake South High School. The teens wanted a fun, stimulating, and safe environment to meet with friends, do their homework, and express their artistic abilities through art and music. Since then, The Break has become an outlet for all McHenry County teens to connect with their peers, be creative with art and music, play video games, and stay engaged with the community.

- **The Break Circle of Support Program** uses the power of community and secondary prevention strategies to empower the next generation of middle schoolers, high schoolers, and young adults and provide easy access to a circle of support. The program formalizes the teen-centered approach to youth empowerment without losing the commitment to being a center by and for young people.



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### Family Health Partnership Clinic ..... \$127,300 <http://hpclinic.org/>

The Family Health Partnership Clinic provides health care to those in our community who do not have health insurance of any kind. The Clinic has an integrated mental health component and provides brief therapy for patients who are facing mental health issues as well as physical health problems.

- **Therapist** the purpose of this project is to treat individuals in need of behavioral health services and service delivery with appropriate mental health assessments, treatment plans along with short term mental health treatment.
- **Patient Navigator Program** the purpose of this program is to link individuals in need of behavioral health and other critically needed services with the provider organizations that can provide appropriate assessment and service delivery as indicated.

### Greater Family Health (McHenry Community Health Center)..... \$420,000 <https://greaterfamilyhealth.org/>

Greater Family Health is a community health center that provides quality health care to all, including those who don't have the ability to pay.

- **Behavioral Health Integration** uses screening, brief intervention (including Behavioral Activation) and referral to treatment (SBIRT). The program is team-based with full integration between primary and behavioral health care including shared patient scheduling, shared treatment planning, and shared record keeping.
- **Medication Assisted Treatment (MAT)** offers patients (18 years and older) struggling with opioid dependence a chance to begin their journey in recovery by combining medication with individualized therapy.
- **Psychiatry** provides patients of all ages with Psychiatric Evaluations, Medication Education and Medication Monitoring.

### Home of the Sparrow, Inc. .... \$273,800 <https://www.hosparrow.org/>

Home of the Sparrow provides Transitional Shelter, Affordable Housing and Rapid Re-Housing combined with Supportive Services that address the core issues of homelessness. Home of the Sparrow serves single women, pregnant, women, and women with children.

- **Case Management Services** serves women and their children in the agency's transitional shelter and housing programs. Case Managers work with shelter residents and housing program clients to develop an Individual Plan. Areas of focus include employment, education, parenting, financial skills, housing, physical and mental health and well-being.
- **Quality Improvement Coordinator** this position will be responsible for developing and implementing programmatic quality improvement projects; monitoring and analyzing internal performance data and record-keeping practices; and providing training and support to new and tenured case management staff with regard to client records, case management, documentation, and service coordination.



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### **Horizons Behavioral Health Professional Services, LLC..... \$200,000**

<https://www.horizonsbh.com/>

Horizons is an outpatient behavioral health facility, serving McHenry County residents of all ages with a diagnosis of mental illness. Services include psychiatric diagnostic evaluations along with medication management and therapeutic injections, psychotherapy, family therapy, group therapy, and psychological testing.

- **Psychiatric Residency Program** provides psychiatric services to patients in McHenry County by fourth year psychiatric residents.

### **Independence Health and Therapy. .... \$365,000**

<https://www.independencehealth.org/>

Independence Health and Therapy provides outpatient mental health services to community members who are experiencing difficulties due to mental illness. Services are personalized to the needs of each participant by assessing his/her strengths, abilities, and preferences.

- **Supportive and Preventative Services** provide supportive and preventative services through support groups, counseling, and education for caregivers and individuals in the community at risk of clinical depression, anxiety, and higher physical health needs by arming them with specific tools and resources for healthy habits.
- **Psychiatric Services** provides mental health promotion, prevention, treatment, habilitation, and support, utilizing a person-centered approach and a strengths-based focus. Individuals served may include those who have complex needs, as a result of child welfare, justice or multisystem involvement, medical co-morbidity, homelessness, dual disorders, being indigent, military families, or being in the criminal justice system, etc.

### **Live 4 Lali, Inc. .... \$180,000**

<https://live4lali.org/>

Live4Lali works to reduce stigma and prevent substance use disorder among individuals, families, and communities, and minimize the overall health, legal and social harms associated with substance use.

- **McHenry County Harm Reduction & Recovery Program** meets people where they are, educating participants about opioid overdose, harm reduction, and providing training on and distribution of Naloxone. This program aims to reduce the number of fatal overdoses in McHenry County, enhance the quality of life of program participants, educate the community, and provide access to care.
- **McHenry County Mobile Harm Reduction and Peer Support Program ..... \$69,262<sup>(1)</sup>**  
The Mobile Harm Reduction and Peer Support Program is designed to remove the barriers to overdose prevention and recovery navigation specific to McHenry County. We have established an effective public program in which we have alternating mobile harm reduction locations and offer overdose prevention training and peer support services. However, this program is limited to potential participants or impacted individuals having transportation, schedules aligning and lack of fear for publicly seeking help and support. This extension of our program creates a countywide network of Outreach Coordinators that can address these limitations.



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### **Mathers Community Mental Health Center, LLC ..... \$100,000**

<https://psychexpress.com/>

Mathers' exists to meet the behavioral and mental health needs for those within the community who seek professional help to relieve their suffering, enhance their recovery and promote their emotional well-being.

- **Psych Express** provides the community with psychiatric availability. Clients who are in crisis mode will receive an assessment by a qualified mental health professional and then see a psychiatrist or a psychiatric nurse practitioner for additional treatment which may include medication monitoring or a higher level of treatment. The goal is to serve clients on an urgent basis.

### **Mathers Recovery, LLC..... \$75,000**

<https://themathersrecovery.com/>

Mathers Recovery is a federally licensed facility providing with clinically proven and evidence based treatments for opiate dependence. We offer a full range of services including: outpatient detoxification, medication assisted treatments and methadone maintenance.

- **Medically Managed Opiate Recovery Program** offers: Methadone Maintenance Treatment, Buprenorphine Implant for Maintenance, Buprenorphine (Suboxone) Maintenance Program, Vivitrol (Opiate Blocker) Treatment Program, and Psycho-Social Rehabilitation

### **McHenry County Sheriff's Office ..... \$300,000**

<http://mchenrysheriff.org>

The McHenry County Sheriff's Office faithfully serves the community, promoting the safety and equal protection for all.

- **McHenry County Police Social Worker Program** The primary goal of the Police Social Workers (PSW) is to bridge the gap between law enforcement and social services in McHenry County by connecting citizens with mental health resources and long-term resolutions, in order to alleviate the obligation of law enforcement's response to mental health related calls for service.

### **National Alliance on Mental Illness (NAMI) McHenry County ..... \$300,000**

<https://namimch.org/>

NAMI-McHenry County is a non-profit, volunteer-based organization dedicated to improving the quality of lives for those whose lives are affected by mental illness. NAMI-McHenry County offers an array of free services including self-help groups, educational classes, workshops, trainings, community presentations and advocacy. These free services draw on the lived experience of individuals who have experienced mental illness in their lives.

- **Community Education Programs** provides Family-To-Family 8-week educational course, Peer-to-Peer: 8 week educational course, periodic NAMI Talks-Community Education, Mental Health First Aid (MHFA), Community Presentations and Panels, NAMI Basic OnDemand, Question, Persuade, Refer (QPR): Suicide prevention program and various Mental Health Wellness Programs; example - meditation, mindful movement, creative open arts, walk & talk.



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- **Recovery Support & Local Systems Advocacy Services** offers empowerment support, validation, compassion, and hope for a fulfilled quality of life, mental health recovery mentorship with individualized goal planning. local systems advocacy & community-based safety collaboration , virtual and In-person wellness skill building & role play workshops, guidance and linkage support for community based clinical services, treatment and basic needs, parent mentoring and support groups.

### **New Directions Addiction Recovery Services ..... \$400,000**

<http://ndars.org/>

New Directions is focused on providing a network of service that address substance abuse in the community. The organization’s focus is on three areas: advocacy, treatment, and continued support.

- **SUD Peer Recovery Support Network of Services** provides a comprehensive network of recovery support for individuals and families in McHenry County that suffer from Substance Use Disorders (SUD). Services provided include a sober living network, community peer recovery support staff (PRSS) which are available through The McHenry County A Way Out Program (AWO), as well as NDARS’ Connect-to-Recovery Program (C2R), and the recovery community center The Other Side (TOS) for individuals in recovery and their families to find 12-step meetings, support groups and fellowship events for individuals in recovery to connect with peers for support and mentorship.
- **SUD PRSS Network of Support Expansion..... \$46,130<sup>(1)</sup>**  
NDARS PRSS programs offer assistance to anyone calling our hotline direct between the hours of 8am and 1pm 365 days a year. This includes resource navigation and placement into detox or treatment services, basic peer support recovery coaching, family / caregiver support, and direct follow-up with individuals post-overdose. This request includes 1 additional PRSS community navigator and support for transportation of clients in need of rides to detox, treatment and related SUD support services.

### **Northern Illinois Medical Center d/b/a Northwestern Medicine - McHenry ..... \$260,500**

<https://www.nm.org/locations/woodstock-hospital>

Northwestern Medicine Woodstock Hospital, an extension of Northwestern Medicine McHenry Hospital, is a regional destination for behavioral health services and outpatient care. The 34-bed hospital features inpatient behavioral health services, as well as an emergency department and a wide range of outpatient services including laboratory and medical imaging.

- **Psychiatric Emergency Services Operations and Aftercare** provides a streamlined approach to utilize a person-first approach to treat patients experiencing mental illness while in the Emergency Department and following those patients after discharge to prevent readmission.
- **Substance Abuse Nurse Educator & Community Liaison** focuses on leveraging Northwestern Medicine, Mental Health Board, and community resources to enhance knowledge and accessibility to substance abuse information and services across McHenry County. This role supports the following key initiatives/partnerships: A Way Out Program, Community education and training events, Substance Abuse Coalition activities, Mother and newborn opioid initiatives, Nursing CEU Liaison and other community planning initiatives promoting MHB strategic plan.





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### **Northern Illinois Recovery Center ..... \$100,000**

<https://www.northernillinoisrecovery.com/>

We are a Northern Illinois addiction treatment center offering multiple levels of treatment programs that are accessible and affordable. At Northern Illinois Recovery Center, our clients work on improving their lives and health while surrounded by a culture that focuses on achieving results. Through effective therapies administered by industry-leading specialists, we provide the outstanding drug rehab Northern IL and Chicago trust.

- **SUD Detox and Recovery for the Underinsured (ICA)** provides medically monitored intensive inpatient services, withdrawal management, 24/7 nursing care, 24/7 behavioral tech care, case management, supportive counseling, discharge planning, medical history and physicals, medication management, individual & group therapy, and continued care coordination.
- **Opioid Treatment for the Uninsured/Underinsured.....\$100,000<sup>(1)</sup>**  
*The additional support provides detoxification, residential, and PHP/IOP Outpatient treatment for 25 additional individuals with alcohol and drug use disorders that are uninsured/underinsured residents of McHenry County.*

### **Northern Illinois Special Recreation Association (NISRA) ..... \$54,000**

<http://www.nisra.org/>

NISRA provides year round special recreation programs that meet the social, cognitive, physical and emotional needs of people with disabilities so that they may participate actively in their community in the least restrictive setting.

- **Day Treatment** provides structured community based therapeutic activities for children who have a severe disability (MI or DD) as defined by DCM-5-TR and ICD-10-CM. The purpose of the program is to provide a variety of therapeutic activities that promote normal socialization, physical and emotional health, increased self-esteem, self-actualization, and constructive use of leisure time.
- **Respite Services** facilitates a voucher-based reimbursement system that allows families to access community-based recreation and leisure activities/services.
- **Leisure Education Adventure Program (LEAP)** provides a therapeutic community-based day trip for teens and adults who are receiving services for mental health / substance use disorders through agencies throughout McHenry County. The purpose of LEAP is to provide exposure and education through a variety of therapeutic activities that promote healthy lifestyle choices they can establish upon discharge from service provider.



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### Northwest Center Against Sexual Assault (Northwest CASA) ..... \$125,000

<http://www.nwcasa.org/>

Northwest Center Against Sexual Assault (Northwest CASA) is a full-service agency that provides free services to sexual assault survivors and their loved ones within McHenry County.

- **CARE Center Sexual Assault Intervention Program** consists of the following services: 24/7 medical advocacy for a sexual assault victim who seeks emergency room medical care in a McHenry county hospital; 24/7 criminal justice advocacy (in English and Spanish) at any police station in McHenry county and at the McHenry county courthouse in Woodstock; individual, family and couple trauma-informed counseling/therapy, in English and Spanish, for sexual assault victims of any age and their significant others who are impacted by the sexual trauma; 24/7 telephone crisis counseling in collaboration with the McHenry County Crisis Line.

### Options & Advocacy ..... \$495,000

<http://www.optionsandadvocacy.org/>

Options & Advocacy has been part of the McHenry County community since 1994 and have provided thousands of infants, children, adults and families with a wide range of services and supports. We offer Early Intervention service coordination through the Child & Family Connection (CFC) program. The Helping Us Grow (HUG) program provides in-home support to pregnant women and young children. The Autism Resource Center (ARC) supports people on the autism spectrum and their families through family education, educational advocacy, and a variety of group opportunities.

- **Bilingual Liaison** enables Options & Advocacy to offer all of the services it provides to the Spanish speaking community. The BL assists with the intake process for the Autism Resource Center (ARC), Child & Family Connections (CFC), and the Helping Us Grow (HUG) programs. The BL helps explain our programs and services as well as those offered in the community. The BL attends and arranges for follow-up meetings; resource and referral calls; additional registration processes for specific support groups; scheduling for home visits; provides interpretation at home visits for ARC; monthly follow up calls for CFC; and supports all educational advocacy tasks for families who speak Spanish across all programs.
- **Autism Resource Center** provides supports to individuals who have or are suspected to have an autism diagnosis, their families, and the systems within the McHenry County community.

### Pioneer Center for Human Services ..... \$842,500

<http://www.pioneercenter.org/>

Pioneer Center for Human Services provides Intellectual & Developmental Disability Services, Community Based Services, and McHenry County PADS—Homeless Services, helping to empower individuals to achieve their full potential.

- **Autism Day Program** focuses on individualized service planning, skill development, education, socialization, community inclusion, therapy/sensory supports, and volunteer opportunities.
- **BH Therapist (start-up)** providing outpatient therapy to clients and their families with behavioral and mental health services in an office setting, and Intensive Home Therapy providing clients and their families with some of the same behavioral and mental health services, as well as case management and parenting support in the community and home.



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- **Client and Family Services (CFS)** programming offers individuals training in all life skills areas to promote and/or maintain the highest level of independence.
- **Dayton Day Services** provides the opportunity for socialization, recreation, classroom activities, leisure time, workplace skills and activities in the community. Activities such as shopping, fitness, bowling, banking, and going out to lunch will provide the individuals with social opportunities in a community setting. Volunteer opportunities are also provided, including working at a food bank, animal shelter, local libraries, and ReStore. All Individuals are involved in developing an individual person-centered plan.
- **IDD Wellness Nurse** key service areas include exercise, nutrition, and monitoring of health-related stats such as weight and blood pressure. The Wellness R.N will also assist with day program medication and treatment administration that any day program participant requires to be able to attend our services.
- **PADS Case Management** is responsible for carrying out a structured, individualized and closely supervised living/training experience designed to promote the acquisition of independent living skills, community resource utilization and self-sufficiency. Pioneer Center PADS provides both a shelter and day center for those experiencing homelessness.

Rosecrance, Inc.....\$1,050,000\*  
<http://www.rosecrance.org/>

Rosecrance is a private not-for-profit organization offering behavioral health services for children, adolescents, adults, and families throughout the country. Rosecrance offers comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care, and family education.

- **Medication Assisted Therapies (MAT)** services are offered to those that may benefit in their journey to stay drug free. Combined with counseling services these medications have been proven to help those struggling to recover from their opioid use disorder.
- **Student Assistance Program\*** counselors will provide assessment and brief interventions for both substance and mental health treatment services in McHenry County school districts. These services are delivered in the clients and families most natural environment including schools and community. The comprehensive services that we aim to continue is the delivery of school assistance counselors. (\*SAP services no longer provided. FY23 program funding withdrawn.)
- **Mental Health Services** provides accessible, coordinated and evidence-based/best practice mental health treatment and crisis intervention to residents of McHenry County. Our Mental Health Outpatient programs are family-centered and focused on helping clients and their loved ones develop tools needed to rebuild their lives.
- **Psychiatry** services providing diagnostic assessments, Medication Monitoring, Medication Management, and Medication Education. Serving McHenry County residents who have a diagnosis of mental illness and/or substance abuse, of all ages regardless of their race, gender, disability, or socio-economic status. This also includes medication assisted therapy for people with an opiate use disorder.
- **Recovery Home** provides stable housing for those in recovery from substance dependence who need further services to enhance their recovery process. Services are available to adults 18 and above, male or female, who are in need of further stabilization after residential or primary treatment.



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- **Substance Abuse Services** comprehensive addiction services for adolescents and adults, including prevention, intervention, detoxification, inpatient and outpatient treatment, experiential therapies, dual-diagnosis care and family education.
- **Interpreting Services** for individuals with disabilities affecting communication or with limited English proficiency shall have an equal opportunity to participate in services, activities, programs and other benefits. Interpreting services is used to promote meaningful and effective communication with those individuals to the extent possible.

### Service Inc. of Illinois ..... \$66,000

<https://www.svcincofil.org/>

Service Inc. of Illinois was founded in 1989 by over 30 health care, social service agencies and advocacy organizations to provide independent service coordination services to people of all ages with developmental delays and disabilities. Our services are provided under contract with the State of Illinois. All services are free of charge, without regard to race, color, religion, national origin, sex, or age.

- **Psychological Evaluations for Preadmission Screenings** are provided as part of determining eligibility for services, DHS DDD requires that clients have a psychological within five years. This assessment can be cost prohibitive for clients and their families. Without the evaluation clients of any age cannot gain access to Home Based or group home services even if they are selected from the PUNS database.
- **Educational Advocate Program** provides: intake and initial screening to determine urgency of need; resources, linkage, and referrals for eligible students; conducts classroom observations and providing recommendations; attends Individualized Education Plan (IEP) meetings for I/DD students; creates and provides trainings for parents and students on their rights, responsibilities, options, and self-advocacy; partners with school districts, organizations and programs for outreach activities geared towards educating, empowering, and advocacy; develops and maintains outreach materials; participates in community events; and coordinates communication using a contact specific email system for sending out information and surveying individuals about the services received and input on needs.

### Thresholds.....\$350,000

<http://www.thresholds.org/>

Thresholds provides healthcare, housing, and hope for thousands of persons with mental illnesses and substance use disorders in Illinois each year. Through care, employment, advocacy, and housing, Thresholds assists and inspires people with mental illnesses to reclaim their lives.

- **Non-Medicaid Community Support Services** are designed to help members meet their individual recovery goals based on their personal input and the utilization of the Illinois Medicaid Comprehensive Assessment of Needs and Strengths (IM+CANS). These services assist members in achieving and maintaining the stability of psychiatric symptoms between psychiatry appointments and other more traditional treatment interventions.



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### Transitional Living Services, Inc. dba Veterans Path to Hope..... \$170,000

<https://veteranspathtohope.org/>

TLS works to guide homeless veterans back into the community as productive members; engages military families as they face emotional challenges of deployment and reintegration; and challenges residents in our community to support veterans, the troops, and military families.

- **Recovery Support and Treatment, New Horizons** ensure that clinical services in the form of recovery support are provided to the formerly homeless veterans going through the transitional living program, New Horizons. These services are provided while the veterans reside in the program as well as after discharge if they choose the ongoing support.
- **Recovery Support and Treatment, Peer Support Group** is comprised of three to four veterans who are certified as peer support specialists, who manage the drop-in resource center at the agency. They receive phone calls and drop-in visits from veterans and/or veteran family members who need mental health support for any reason and provide support groups aimed at decreasing isolation and increasing recovery efforts.

### Turning Point, Inc ..... \$630,000

<http://www.turnpt.org/>

Turning Point is a domestic violence agency with a mission to confront violence against women and children in McHenry County, Illinois. Turning Point offers services to women, men, and children.

- **C/V Advocate** services include: crisis intervention and stabilization, secure emergency shelter, legal and non-legal advocacy, individual and group counseling, support groups and referral services.
- **CVA Outreach Events** prevention and education advocate visits county schools and summer camp programs and provides age-appropriate presentations on the effects of bullying and violence. At the high school level, teen dating violence is addressed.
- **Partner Abuse Treatment and Prevention Program (PATPP)** provides education to adults, mostly men, who are abusive or are at risk of abusing their partners or family members. The program is an extension of victims' services in that it functions as a way to stop or limit the violence other women and children might experience with the client in the future.
- **Trauma Based Services** address adult and child mental health issues resulting from past domestic violence trauma ensuring client safety prior to implementing service delivery models and applying trauma-based strategies throughout every step of the process.
- **Nurturing Parent Program** will serve clients, both victims and perpetrators of domestic violence, as well as referred clients from DCFS and other local service providers. Class content will focus on subjects including: Family Dynamics; The Impact of Domestic Violence on Children; Physical, Psychological and Emotional Effects of Abuse: Breaking the Cycle; Children's Developmental Stages; Blended Families and Single Income Families and Parenting Styles; Discipline vs. Punishment; Setting Limits, Time Out, Consequences; Listening Skills; Communicating Feelings, Values and Encouragement; and Problem-Solving Skills.



## McHenry County Mental Health Board FY23 Funded Agencies and Programs

### **Youth and Family Center of McHenry County ..... \$233,000**

<https://yfc-mc.org/>

The Youth and Family Center of McHenry County exist to ensure empowerment and growth for youth and families by partnering with our community to provide direct services and linkage to individuals in McHenry County.

- **Family Prevention Program** *The goal of YFC’s Family Services Youth Program is to equip, empower, and encourage youth to grow emotionally, socially, and academically. The Family Services Adult Program provides adults with the opportunity to improve their skills and to improve their capacity to access the different resources available in McHenry County and the surrounding area.*
- **Bilingual Service Navigation Program** *provides one-on-one navigation services to individuals and families to help discern their needs and provide linkage support, including linguistic and cultural interpretation of documents and services. The types of services that clients request assistance connecting to are medical and mental health services, childcare, employment, education, basic needs, interpretation, legal issues, and parenting resources.*

### **Mental Health Board and Provider Managed Activities .....\$445,600**

Mental Health Board and Provider Managed Activities include McHelp Mobile App, Crisis Line support, Network Marketing, Training and Training Materials as well as access to medication, transportation, interpretation and specialty services.